




Awareness Days and Events Calendar 2025

Version: December 2024

The calendar is regularly updated.

LEGEND:

-  Key Awareness Days and Events
-  Relevant Awareness Days and Events
-  Nice to Know!

JANUARY

WED
1  **Veganuary**
[More information](#)

WED
1  **Dry January**
[More information](#)

FEBRUARY

TUE
4  **World Cancer Day**
[More information](#)

TUE
14  **Europe Rare Disease Summit**
[More information](#)

MON
24  **Black Pearl Awards**
[More information](#)

FRI
28  **International Rare Disease Day**
[More information](#)

MARCH

TUE
4  **European Obesity Day**
[More information](#)

TUE
8  **International Women's Day**
[More information](#)

MON
24  **Lp(a) Awareness Day**
[More information](#)

APRIL

THU
3  **ESC Preventive Cardiology 2025**
[More information](#)




MON
7  **World Health Day**
[More information](#)

FRI
18  **European Patient Rights Day**
[More information](#)

FRI
25  **World DNA Day**
[More information](#)

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MAY

- SUN 4**  **HoFH Awareness Day**
[More information](#)
- SUN 4**  **93rd EAS Congress**
[More information](#)
- MON 12**  **International Nurses Day**
[More information](#)
- TUE 13**  **European Stroke Awareness Day**
[More information](#)
- THU 15**  **International Day of Families**
[More information](#)
- FRI 16**  **World Heart Summit**
[More information](#)
- SAT 17**  **World Hypertension Day**
[More information](#)
- MON 19**  **World Family Doctor Day**
[More information](#)
- MON 19**  **World Health Assembly**
[More information](#)
- WED 28**  **International Day of Action for Women's Health**
[More information](#)
- SAT 31**  **World No Tobacco Day**
[More information](#)

JUNE




- SUN 1**  **Global Day of Parents**
[More information](#)
- FRI 20**  **World Refugees Day**
[More information](#)

JULY

- THU 24**  **International Self-Care Day**
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AUGUST

- FRI-THU**
1-7  **World Breastfeeding Week**
[More information](#)
- FRI-MON**
29-1  **European Society of Cardiology Congress 2025**
[More information](#)

SEPTEMBER




- TUE**
16  **World Apheresis Day**
[More information](#)
- WED**
17  **World Patient Safety Day**
[More information](#)
- WED**
24  **FH Awareness Day**
[More information](#)
- MON**
29  **World Heart Day**
[More information](#)

OCTOBER

- SUN**
5  **World Walking Day**
[More information](#)
- FRI**
10  **World Mental Health Day**
[More information](#)
- THU**
16  **World Restart a Heart Day**
[More information](#)
- THU**
16  **World Food Day**
[More information](#)
- SAT**
18  **World Menopause Day**
[More information](#)
- MON-THU**
27-30  **World Orphan Drug Congress**
[More information](#)
- WED**
29  **International Day of Care and Support**
[More information](#)

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NOVEMBER

- FRI**
7  **FCS Awareness Day**
[More information](#)
- FRI**
14  **World Diabetes Day**
[More information](#)
- FRI-SUN**
14-16  **FH Europe Foundation Annual Network Meeting**
- WED**
19  **International Men's Day**
[More information](#)
- THU**
20  **World Children's Day**
[More information](#)

DECEMBER

- FRI**
5  **World Volunteer Day**
[More information](#)
- WED**
10  **International Human Rights Day**
[More information](#)
- FRI**
12  **Universal Health Coverage Day**
[More information](#)